

Celebrate Life Half Marathon  
[www.celebratelifehalfmarathon.com](http://www.celebratelifehalfmarathon.com)

Mild rolling hills through the beautiful and scenic roads of Lake Louise Marie & Wolf Lake.

- \* Part of the King and Queen of the Mountain Series .
- \* Perfectly timed for spring marathon training.
- \* USATF certified course.
- \* Lots of Great door prizes—win a prize a mile! Check signs posted at each mile for your name, randomly selected from pre-registrants.
- \* Optional 9:30 early runner start (at the discretion of the Race Directors), 8:30 walker start .
- \* New for 2010— chip timing!

USATF Certification  
for new Course from  
The Lodge  
is pending

Celebrate Life Half Marathon  
registration available on:



Or visit

[www.celebratelifehalfmarathon.com](http://www.celebratelifehalfmarathon.com)

**March 14, 2010 is Daylight Saving time! Don't forget to move your clocks one hour ahead the night before Celebrate Life!**

Celebrate Life Half Marathon  
27 Brewster Dr.  
Middletown, NY 10940  
[www.celebratelifehalfmarathon.com](http://www.celebratelifehalfmarathon.com)

# CELEBRATE LIFE HALF MARATHON

7TH ANNUAL

Celebrate Life Half Marathon  
27 Brewster Dr.  
Middletown, NY 10940  
[www.celebratelifehalfmarathon.com](http://www.celebratelifehalfmarathon.com)



Date: 03/14/2010

Time: 10:00 a.m.

Rock Hill, NY



CROC is a grassroots organization whose dual mission is to support mechanism aimed at the treatment and eradication of cancer and to improve the quality of life for cancer survivors.

**SPONSORS:** Help us raise funds to support CROC and those who benefit from it. Make your donation payable to: **CELEBRATE LIFE**

100% of the proceeds will be directed toward alleviating specific needs of survivors and people afflicted with cancer.

**Help us help those afflicted with this horrific disease.**

**Registration and Awards hosted by  
The Lodge at Rock Hill  
283 Rock Hill Drive,  
Rock Hill, NY**

Heading West on Route 17 (From Middletown & NYC): take exit 110, make a left off the ramp onto Wurtsboro Mountain Rd. Bear left onto Rock Hill Drive (appears to be the same road). The Lodge at Rock Hill is about a mile from the exit ramp on your right.

Heading East on Route 17 (from Monticello, Liberty & Binghamton): take exit 109, make a left off the ramp onto Katrina Falls Rd. After passing under the underpass, turn right onto Rock Hill Drive. The Lodge at Rock Hill is about 1/3 mile on your left.



**Interested in raising pledges for the cause?**

Just go to our website (updates are coming soon) [www.celebratelifehalfmarathon.com](http://www.celebratelifehalfmarathon.com) to find a sample donor letter to distribute to potential donors (in Microsoft Word—areas to be edited are in brackets), or simply use the form below.

Donors should return completed forms and donations to you, to be turned into the race directors on race day.

Please mark a sealed envelope containing donations clearly with your name, address and phone number so we can thank you for your hard work in raising funds to assist this important cause.

Please don't forget to thank your donors!  
For more information please contact Race Directors.

**DONOR PLEDGE FORM:**

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Amount Donated \_\_\_\_\_

On Behalf of (CLHM participant's name): \_\_\_\_\_

**Please make checks payable to:  
Celebrate Life Half Marathon**  
Donors, for accounting purposes, please return pledges to the participant requesting your pledge, not to Celebrate Life.

**CELEBRATE LIFE HALF MARATHON**

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age on 3/14/10 \_\_\_\_\_

E-mail \_\_\_\_\_

Phone \_\_\_\_\_

Entry Fee: Pre-Registration \$32.00 \_\_\_\_\_  
Race Day \$35.00 \_\_\_\_\_  
(Sullivan Striders & ORC Members receive a \$2.00 discount (mail in registrations only))

**SORRY, NO REFUNDS**

**Information**

- Male
- Female
- Walker? (8:30 start) 8:30 starters **must be walkers**, must walk, and are not eligible for runner awards. Course officials will be checking.
- 9:30 Early Runner Start? (Official Start is 10 am) **9:30 starters finishing faster than 2:30 are not eligible for awards. Times will be checked prior to awards ceremony.**
- XL windbreaker
- Large windbreaker
- Medium windbreaker
- Small windbreaker
- XS windbreaker
- Cancer Survivor?

**Please note:** Windbreakers are roomy. We suggest ordering a size smaller than normal.

The spirit of the early start (walkers and runners) is so walkers and slower runners (running in 2 hrs. 30 mins. or slower) may finish with the pack and be able to join in with the post race festivities, food & awards ceremony. We ask that you understand and respect this spirit! Failure to comply will DQ you from award eligibility. Thank you for your consideration.

- Gym Challenge participant? (Check one if yes. See website or call RD's for details):
  - Gold's, Middletown
  - YMCA, Middletown
  - Fitness Factory, Monticello
  - Sports Plex, New Windsor

I have full knowledge of the risks involved in running the Celebrate Half Marathon. I am trained and fit to enter into the race and I do it on my own choice. I, hereby, release and forever discharge any all rights and claims for damages which may be sustained or suffered by me against all sponsors, directors and supporters.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Myriam Loor— Race Director (845) 866-1345  
Email: [myriamloor@hvc.rr.com](mailto:myriamloor@hvc.rr.com)

Kathleen Rifkin— Race Director (845) 527-3825  
Email: [krifkin@citlink.net](mailto:krifkin@citlink.net)

**Make checks payable to Celebrate Life Half Marathon. Mail to:  
27 Brewster Dr. Middletown, NY 10940**